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History -

In the years just preceding my birth, my father invented the Heart-Lung machine. I was working in his medical instruments lab from an early age and built my first medical instrument at the age of sixteen. Subsequent experiences included many facets of the medical world with the common thread being the instrumentation side of things.

My uncle was the oldest in my fathers' family and it was common practice in that generation to send the oldest boy to school while the other children worked to pay his way. That was what happened and my uncle became a heart surgeon as a result. So, interestingly enough, my dad built the machine my uncle used to make a living. All of this happened at Yale New Haven Hospital and Yale University.

My first introduction to the benefits of herbs came when I was living in Oklahoma through education I received from a neighbor. In the years following my path kept taking back to the natural approach at various levels and with varied experiences. The one experience that triggered my movement from thinking of herbs as something useful along the lines of eating salad vs. eating fried dough, as it were, to the possible therapeutic aspects came by way of my wife's experience. Shortly after we met, initially as neighbors in 1986, she was told she had a short time to live. This diagnoses came from a Doctor that jumped ship from the Western medical model to the natural approach. Using the herbal approach, she became well.



I needed to learn why this worked. So I took many classes in the use of vitamins and herbs and when Dr. Jennifer Weiss held a class in the Touch For Health Kinesiology techniques, I was compelled to attend. That was in July, 1992.

Following that class, I started helping people part time using what I learned. People were getting over their concerns and maintaining good health without the use of potentially harmful tools. It was great!



As great as this was, it was not the end of my mission. I went on to take a course in natural health with the Certified Natural Health Professional College.

Also included in my endeavor to complete my training was a Body Systems course in the use of herbs in 1995.

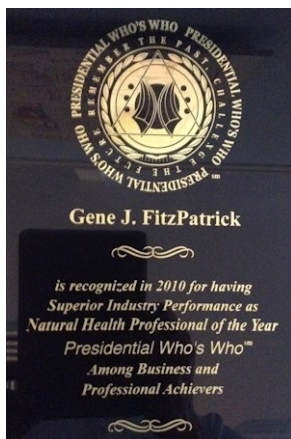
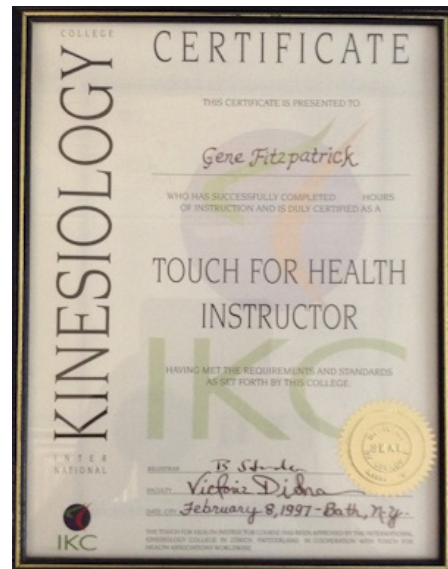
Everyone knew at my workplace that I was doing this part time. Being a Quality Control Manager for a company that produced equipment used to remove/treat brain tumors gave me an inside scoop into the medical arena. One day, the owner's son-in-law told me that his father-in-law was dying from the same condition my wife had. I was asked to help him. The owner was feeling better than he had by going to, to quote his wife, "...the best money can buy and they can't help him." Unfortunately, his wife did not believe in it and forced him to stop following my recommendations. What happened? He died.

There I had it. My wife went natural and she is fine over 36 years later. My boss at the time perished. I did not need a louder message to quite the medical model and continue helping people using natural means. When I no longer had time to go to work because of the demand for the techniques I learned, I had no choice but to become a full time Touch For Health Kinesiologist and herbalist.

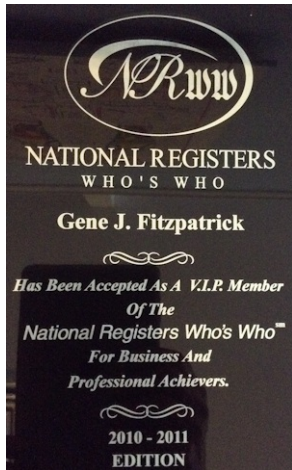


Another demand that came after a short time was from my clients. Many asked if I would teach the techniques. After using what I learned for about five years, I went for certification as an instructor. At that time, the requirement was to take four Touch For Health 16 hour classes and a 50 hour instructor training workshop. However, after using the tools for five years and haven taken one course, it was basically a review for me. So I did the entire course in one week and the Instructor Training workshop the next week.

Today, my success rate, if people follow their plans, exceeds ninety percent. I believe that anything that happens naturally can be helped naturally. While there is a place for the techniques of intervention, none of the tools available through the Western medical model address health. They only compensate for conditions. If the condition requires intervention, they can be great. But if you want health, respect the design and support the healing with nutrition.



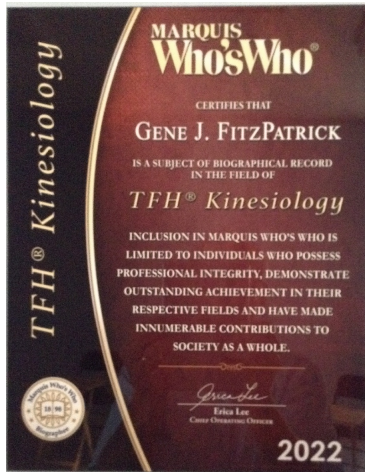
In 2008, the Presidential Who's Who recognized me as a Business and Professional Achiever by voting me the Natural Health Professional of the Year.



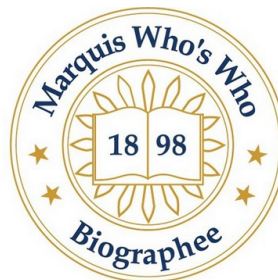
I was entered into the National Registers Who's Who in 2010



I was recognized as the Best Health Care person in Nashua, New Hampshire both in 2019 and 2020. Then was entered into the Business Hall of Fame in 2020.



The Marquis Who's Who approved me as a subject of biographical record for TFH Kinesiology for professional integrity, outstanding achievement and innumerable contributions to society in 2022.



Industry Truths -

Convincing people that going natural is a good thing has always been a challenge. However, as more and more are being harmed by the medical model, they are coming to this conclusion faster than ever in the history of the country. The rest of the world have always been ahead of the U.S. in this regard. What people are also learning is that it is far less expensive to be well than it is to address issues after the fact. People spend less money in the natural approach than they spend in time and money with what is “covered” with insurance. This fact is also becoming obvious to an ever growing population.

The natural approaches to health address the cause of a health concern from the outset while the allopathic community solely focuses on the symptoms. While the symptom approach can create comfort in short order, true healing only occurs when addressing causes. The symptom approach requires compensating forever. When one addresses causes, the norm is not to take something forever, but to return the body to doing its’ own work. This truism is also being realized by the majority of society.

I remember when I was at the gathering where Dr. George Goodheart, the inventor of the Touch For Health techniques, was presented with a Lifetime Achievement award, I was sitting next to a physician from Texas. I asked him why he was there as it seemed unusual that a physician would be interested in learning a natural approach to health. He asked me if I had ever helped anyone with cancer. I replied yes, unfortunately it was too commonplace. He then asked what my success rate was. My response was to define success as the elimination of cancer without drugs or the need to compensate forever. He asked, “OK, what is your success rate?” I said better than ninety percent. His reply was “Mine is less than ten percent and I am here to try and improve that.” I welcomed him because he was truly concerned about his patients.

By contrast, a client that was a medic in Vietnam stated that he had a mission to show the doctors at the VA hospital the value of what I do in the hopes of helping many more veterans. To that end he agreed to go through their protocol if they agreed to have me on his team to treat his Multiple Myeloma, cancer of his bone marrow and blood. This was the result of his neighbor using Roundup. Though he was exposed to Agent Orange for a double tour of duty in Vietnam, he did not get cancer until 42 years later.

My client was told he had 3-6 months to live. Eight years later, when his cancer markers were negligible and he enjoyed a clean bill of health, I stated to the Oncologist that I look forward to helping more of his patients fair equally well through his treatment. You see, my client was the only one of the original group that was still alive after the first six months. I was told that “was not going to happen.” It is clear to me that this Oncologist does not have the same motivation as that doctor from Texas.

Keys To Success -

Put your customer first.

Do not sell anything. Whatever tools you have are vehicles to service your customers needs.

Treat everyone with respect and as well as you can and they will refer those they care about to you.

Health belongs to everyone and should not be priced out of reach.

Greed should never be what motivates you.

Our clinic is not clinical. It is inviting and comfortable. We teach and motivate others to spread the wealth of health.



Set an appointment, come in, relax, learn, get and stay well.
Join more than 15,000 people that have done the same from all over the world.

Welcome.